



Goals and Objectives for Psychiatry Residents EMERGENCY PSYCHIATRY

At the completion of Emergency Psychiatry rotation the Resident will have acquired the following competencies and will function effectively as a:

I) Medical Expert

As Medical Experts, physicians integrate all of the CanMEDS Roles, applying medical knowledge, clinical skills, and professional attitudes in their provision of patient centered care. Medical Expert is the central physician role in the CanMEDS framework.

General Requirements

- Function effectively as consultants, integrating all of the CanMEDS Roles to provide optimal, ethical and patient-centered medical care
- Establish and maintain clinical knowledge, skills and attitudes appropriate to their practice
- Perform a complete and appropriate assessment of a patient
- Use preventive and therapeutic interventions effectively
- Demonstrate proficient and appropriate use of procedural skills, both diagnostic and therapeutic
- Seek appropriate consultation from other health professionals, recognizing the limits of their expertise

Specific Requirements

1. Knowledge

The Resident will demonstrate an effective level of clinical knowledge and understanding relevant to Emergency Psychiatry across age, gender and cultural domains especially the role of acute psychiatric intervention in the assessment and management of:

- a) the chronically mentally ill patient
- b) the severe personality disordered patient
- c) the geriatric patient
- d) the substance abusing patient
- e) the patient with disturbed or dangerous behaviour
- f) family crises

The Resident will understand:

- a) the biopsychosocial factors that lead patients to present to the Emergency Department
- b) the causes, presentation and management of delirium
- c) the role of co-morbid substance abuse in patients presenting to the Emergency Department
- d) the risk factors associated with suicide and homicide
- e) the Mental Health Act and how to complete forms associated with certification
- f) the principle of the Duty to Protect

2. Clinical Skills

The Resident will demonstrate the general ability to assess, diagnose and treat the full range of psychiatric disorders in males and females of all ages and cultures that present to the Emergency Room and will demonstrate the following specific skills

- a) perform an appropriate focused interview
- b) elicit and describe a detailed mental status examination
- c) perform a complete substance use history
- d) assess and manage potentially violent patients (suicide and homicide)
- e) assess and manage drug and alcohol intoxication and withdrawal states
- e) assess and manage delirium
- f) assess and manage severely personality disordered patients through
 - i) crisis identification,
 - ii) affect containment,
 - iii) managing countertransference
 - iv) evaluating need for, benefits and risks of admission versus discharge
 - v) setting goals for the admission



- g) order appropriate investigations including laboratory tests, CT scans, EEGs
- h) assess suitability for, prescribe and use appropriate psychopharmacological treatments
- i) maintain accurate and timely medical records

II) Communicator

As Communicators, physicians effectively facilitate the doctor-patient relationship and the dynamic exchanges that occur before, during, and after the medical encounter.

General Requirements

- Develop rapport, trust and ethical therapeutic relationships with patients and families
- Accurately elicit and synthesize relevant information and perspectives of patients and families, colleagues and other professionals
- Accurately convey relevant information and explanations to patients and families, colleagues and other professionals
- Develop a common understanding on issues, problems and plans with patients and families, colleagues and other professionals to develop a shared plan of care
- Convey effective oral and written information about a medical encounter

Specific Requirements

The Resident will:

- a) listen effectively
- b) discuss appropriate information with the health team
- c) convey to patients and family an accurate, clear, coherent and timely account of the diagnosis, treatment plans and prognosis in all clinical cases
- d) convey pertinent information and opinions to medical colleagues in a timely and effective manner in both and verbal and written formats

III) Collaborator

As Collaborators, physicians effectively work within a healthcare team to achieve optimal patient care.

General Requirements

- Participate effectively and appropriately in an interprofessional healthcare team
- Effectively work with other health professionals to prevent, negotiate, and resolve interprofessional conflict

Specific Requirements

The Resident will:

- a) consult effectively with other physicians and health care professionals
- b) contribute effectively to interdisciplinary team activities in both the Emergency Department and the PAU
- c) demonstrate an ability and willingness to teach and learn from colleagues and students
- d) demonstrate an ability to work collaboratively with other members of the health care team – recognizing their roles and responsibilities eg, GVHMS, Forensic Psychiatry Services, Ministry of Children and Families, Ministry of Human Resources, Vancouver City Police, RCMP etc)

IV) Manager

As Managers, physicians are integral participants in healthcare organizations, organizing sustainable practices, making decisions about allocating resources, and contributing to the effectiveness of the healthcare system.

General Requirements

- Participate in activities that contribute to the effectiveness of their healthcare organizations and systems
- Manage their practice and career effectively
- Allocate finite healthcare resources appropriately
- Serve in administration and leadership roles, as appropriate



Specific Requirements

The Resident will:

- a) utilize personal and system resources effectively to balance patient care, learning needs and outside activities
- b) understand and make effective use of information technology to optimize patient care, life long learning and other activities
- c) make cost effective use of resources based on sound judgment and assess the risks and benefits of hospitalization
- d) evaluate the effective use of resources
- e) set realistic priorities and use time effectively in order to optimize professional performance consistent with personal/professional goals and obligations
- f) coordinate the efforts of the treatment team
- g) demonstrate an ability and willingness to direct patients to relevant community resources

V) Health Advocate

As Health Advocates, physicians responsibly use their expertise and influence to advance the health and well-being of individual patients, communities, and populations.

General Requirements

- Participate in activities that contribute to the effectiveness of their healthcare organizations and systems
- Manage their practice and career effectively
- Allocate finite healthcare resources appropriately
- Serve in administration and leadership roles, as appropriate

Specific Requirements

The Resident will

- a) demonstrate an awareness of structures of governance in mental health care
- b) demonstrate an awareness of regional, national and international advocacy groups in mental health care
- c) identify and understand the determinants of health affecting patients and communities, recognizing and responding to those issues where advocacy is appropriate for the patient or their community
- d) demonstrate an awareness of community resources (e.g., Alcohol and Drugs Services, emergency shelters, SAFER etc.)

VI) Scholar

As Scholars, physicians demonstrate a lifelong commitment to reflective learning, as well as the creation, dissemination, application and translation of medical knowledge.

General Requirements

- Maintain and enhance professional activities through ongoing learning
- Critically evaluate information and its sources, and apply this appropriately to practice decisions
- Facilitate the learning of patients, families, students, residents, other health professionals, the public, and others, as appropriate
- Contribute to the creation, dissemination, application, and translation of new knowledge and practices

Specific Requirements

The Resident will:

- a) demonstrate a synthesis of an effective level of basic science knowledge
 - i) physiology, neuroanatomy, neurochemistry, genetics
 - ii) medical statistics, pharmacology, research methodology
- b) demonstrate an understanding of and a commitment to the need for continuous learning; develop, implement and monitor a personal and continuing medical education strategy
- c) critically appraise medical information; successfully integrate information from a variety of sources
- d) facilitate the learning of patients, students, Residents and other health professionals through guidance, teaching and constructive feedback
- e) contribute to the development of new knowledge



VII) Professional

As Professionals, physicians are committed to the health and well-being of individuals and society through ethical practice, profession-led regulation, and high personal standards of behaviour.

General Requirements

- Demonstrate a commitment to their patients, profession, and society through ethical practice
- Demonstrate a commitment to their patients, profession, and society through participation in profession-led regulation
- Demonstrate a commitment to physician health and sustainable practice

Specific Requirements

The Resident will

- a) demonstrate integrity, compassion and respect for diversity
- b) demonstrate usual professional standards through manner, behaviour and dress
- b) fulfill the medical, legal and professional obligations of a psychiatrist practicing within the Code of Ethics Annotated for Psychiatry
- c) maintain collaborative and respectful patient relationships that demonstrate gender, cultural and spiritual awareness
- d) demonstrate responsibility, dependability, self-direction
- e) be punctual
- f) demonstrate acceptance of feedback and use it constructively
- g) demonstrate awareness of and the application of ethical principles
- h) demonstrate an understanding and capacity to apply the regulations pertaining to access to the health care record by patients or others